

[WHAT IS HIGH BLOOD PRESSURE LEVEL](#)



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Blood Pressure Blood pressure chart

Use the blood pressure chart below to see what your blood pressure means. The blood pressure chart is suitable for adults of any age. (The level for high blood pressure does not change with age.)

<http://ebookslibrary.club/Blood-Pressure-Blood-pressure-chart.pdf>

Blood pressure chart What your reading means Mayo Clinic

This blood pressure chart can help you figure out if your blood pressure is at a healthy level or if you'll need to take some steps to improve your numbers. Your total blood pressure reading is determined by measuring your systolic and diastolic blood pressures.

<http://ebookslibrary.club/Blood-pressure-chart--What-your-reading-means-Mayo-Clinic.pdf>

Blood Pressure What is high blood pressure

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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Hypertension Wikipedia

Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia. High blood pressure is classified as either primary (essential) high blood pressure or secondary high blood pressure.

<http://ebookslibrary.club/Hypertension-Wikipedia.pdf>

What Is Considered High Blood Pressure Healthline

Learn which levels constitute high blood pressure for these specific age groups, how your numbers stack up, and what complications and treatments are associated with high blood pressure.

<http://ebookslibrary.club/What-Is-Considered-High-Blood-Pressure--Healthline.pdf>

What is normal blood pressure The Heart Foundation

An optimal blood pressure level is a reading under 120/80 mmHg. Readings over 120/80mmHg and up to 139/89mmHg are in the normal to high range. Your doctor will advise what your ideal blood pressure should be based on your circumstances.

<http://ebookslibrary.club/What-is-normal-blood-pressure-The-Heart-Foundation.pdf>

High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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Blood Pressure Readings Explained Healthline

Elevated blood pressure has a good chance of turning into actual high blood pressure, which puts you at an increased risk of heart disease and stroke. No medications are necessary for elevated

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Understanding Blood Pressure Ultimate BP by Age Chart

Blood pressure readings higher than 140/90 mm Hg indicate stage 2 hypertension, which is considered severe high blood pressure. This is a serious condition and requires immediate treatment - which includes eliminating the root causes of the condition.

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Blood pressure What is normal Medical News Today

Here, we explain how to take your blood pressure, what the readings mean, and what counts as low, high, and

normal. The article also offers some tips on how to maintain healthy blood pressure.

<http://ebookslibrary.club/Blood-pressure--What-is-normal--Medical-News-Today.pdf>

Blood Pressure Chart Numbers Normal Range Systolic

Keeping track of blood pressure at home is important for many people, especially if you have high blood pressure. This helps you and your doctor find out if your treatment is working.

<http://ebookslibrary.club/Blood-Pressure-Chart-Numbers--Normal-Range--Systolic--.pdf>

The Terrifying Link Between High Blood Pressure and Stroke

If you've ever had a stroke, you're very likely also had high blood pressure. Your doctor may call it hypertension. It's the biggest culprit behind strokes, causing more than half of them.

<http://ebookslibrary.club/The-Terrifying-Link-Between-High-Blood-Pressure-and-Stroke.pdf>

High Blood Pressure Hypertension MedicineNet

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

<http://ebookslibrary.club/High-Blood-Pressure--Hypertension--MedicineNet.pdf>

Blood Pressure Highs Lows What's Normal Live Science

Blood pressure is one of the vital signs that doctors measure to assess general health. Having a high blood pressure, also called hypertension, that is not under control can result in heart

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High blood pressure hypertension Treatment NHS

Simple lifestyle changes can often help reduce high blood pressure (hypertension), although some people may need to take medication as well. Your GP can advise you about changes you can make to your lifestyle and discuss whether they think you would benefit from medication.

<http://ebookslibrary.club/High-blood-pressure--hypertension--Treatment-NHS.pdf>

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